

Ultrasound Cavitation/Radio Frequency Treatments

[check all that apply]

- Face and Neck
- Arms
- Upper Back
- Lower Back
- Abdomen
- Waist [love handles]
- Hips [saddle bags]
- Buttocks
- Front of Thighs
- Back of Thighs [hamstrings]
- Inner Thighs
- Calves

Medical Background

Check if you answer **YES** to any of these questions:

- Are you pregnant or nursing?
- Are you epileptic?
- Do you have any kind of tumor or cancer?
- Do you have any cardiac or vascular disease or condition?
- Do you have any acute inflammation?
- Do you have a wound that has not healed?
- Do you have current or any history of internal bleeding?
- Do you have a pacemaker or other electronic device?
- Do you have any plastic or bone cement or any large metal implant?
- Have you had any abdomen operations?
- Do you have any abnormally high or low blood pressure?
- Do you have high levels of Triglycerides (hereditary)?
- Are you allergic to zinc or nickel?
- Are you lactose or gluten insensitive?

- Do you have hemophilia?
- Do you have melanoma?
- Do you have thrombosis and / or thrombophlebitis?
- Have you undergone a transplant?

- Do you have a Neurological disorder?
- Are you being treated with anticoagulants?
- Do you have any keloid?
- Do you have any kind of heart trouble?
- Do you have any current infection?
- Do you have any infectious disease or tuberculosis?
- Do you have advanced untreated diabetes?
- Do you have a communicable disease?
- Do you have any type of heart, kidney, liver disease?
- Any other medical condition?

Recommendations prior to starting your first session and during treatment process

- Prior to starting your first session and during each 3-day period of treatment, we recommend you drink 2-3 liters of water. Water and hydration is key to this process being effective.
- To maximize the effectiveness of your sessions, it is best to restrict products that impact lymphatic flow during the program. [caffeine, alcohol and sugar in large amounts]
- We recommend eating a healthy diet to stabilize the fat and inches loss you obtain during the program.
- Always consult with your Physician before beginning any new Health & Diet Program.
- Always inform us if you have a change in health status or experience any unusual symptoms during your program.
- We recommend additional daily exercise to stimulate lymphatic flow. This includes low impact workouts, brisk walking, swimming or cycling during this process. Adding this activity to your ongoing lifestyle will help to stabilize your weight and fat loss.
- You can have Ultrasonic Cavitation during your Menstrual Cycle but it is recommended to avoid the abdomen as you may not see the immediate results, due to bloating.
- Tell us if your digestive process is affected in any way during a session.
[constipation/diarrhea]
- If you should become pregnant during this process please inform us immediately.